

E.M.D.R.

(Eye Movement Desensitization and Reprocessing)

Eye Movement and Desensitization and Reprocessing (EMDR) is a powerful method of psychotherapy that has helped many people of all ages relieve many types of psychological distress.

What kinds of problems can EMDR treat?

- *Personality Disorders*
- *Panic Attacks*
- *Disturbing Memories*
- *Pain Disorders*
- *Stress Reduction*
- *Sexual and/or Physical Abuse*

For further inquiry or to set up an appointment, please call:

(248) 355-4300 x230

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A Place to Access God's Potential for You

www.accesschristiancounseling.com